

Davis Joint Unified School District

**ATHLETIC HANDBOOK
FOR
PARENTS/GUARDIANS
AND STUDENTS**

**Principal: Dr. Jacqui Moore, Davis Senior High School
Athletic Director: Dennis Foster
Athletic Director Secretary: Laurie Williams**

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Dear Parents/Guardians and Student Athletes,

This handbook is provided to you to communicate the rights and responsibilities of all those participating in sports contests from the Davis Joint Unified School District. The cooperation of the athlete and his or her parents and coach are equally important to a productive season. Please review all materials together before making a commitment by signing the required forms.

We hope you have a great season.

Sincerely,

DJUSD

DAVIS JOINT UNIFIED SCHOOL DISTRICT

PHILOSOPHY AND GOALS OF THE SECONDARY SCHOOL INTERSCHOLASTIC ATHLETIC PROGRAM

PHILOSOPHY

The interscholastic athletic program of the Davis Joint Unified School District is an important, integral part of the District's comprehensive educational program. Our interscholastic athletics provide a unique opportunity for students to extend their physical, social and moral education.

GOALS

The interscholastic athletic program provides the opportunity to develop:

- A lifelong standard of good sportsmanship and citizenship
- Increased self-esteem
- Understanding of individual roles within the team
- Mutual respect among players and coaches
- Athletic skills, knowledge and strategies of the game
- Lasting attitudes about the importance of cooperation, and teamwork
- School and community spirit
- A healthy attitude about winning and losing
- Student awareness of the condition and development of their bodies
- Self-discipline

CALIFORNIA INTERSCHOLASTIC FEDERATION (CIF) CODE OF CONDUCT FOR INTERSCHOLASTIC STUDENT-ATHLETES

Interscholastic athletic competition should demonstrate high standards of ethics and sportsmanship and promote the development of good character and other important life skills. The highest potential of sports is achieved when participants are committed to pursuing victory with honor according to six core principles: trustworthiness, respect, responsibility, fairness, caring, and good citizenship (the "Six Pillars of Charactersm"). This Code applies to all student-athletes involved in interscholastic sports in California. I understand that, in order to participate in high school athletics, I must act in accord with the following:

TRUSTWORTHINESS

1. **Trustworthiness** - be worthy of trust in all I do.
 - **Integrity** - live up to high ideals of ethics and sportsmanship and always pursue victory with honor; do what's right even when it's unpopular or personally costly.

- **Honesty** - live and compete honorably; don't lie, cheat, steal or engage in any other dishonest or unsportsmanlike conduct.
- **Reliability** - fulfill commitments; do what I say I will do; be on time to practices and games.
- **Loyalty** - be loyal to my school and team; put the team above personal glory.

RESPECT

2. **Respect** - treat all people with respect all the time and require the same of other student-athletes.
3. **Class** - live and play with class; be a good sport; be gracious in victory and accept defeat with dignity; give fatten opponents help, compliment extraordinary performance, show sincere respect in pre-and post-game rituals.
4. **Disrespectful Conduct** - don't engage in disrespectful conduct of any sort including profanity, obscene gestures, offensive remarks of a sexual or racial nature, trash-talking, taunting, boastful celebrations, or other actions that demean individuals or the sport.
5. **Respect Officials** - treat contest officials with respect; don't complain about or argue with official calls or decisions during or after an athletic event.

RESPONSIBILITY

6. **Importance of Education** - be a student first and commit to getting the best education I can. Be honest with myself about the likelihood of getting an athletic scholarship or playing on a professional level and remember that many universities will not recruit student-athletes that do not have a serious commitment to their education, the ability to succeed academically, or the character to represent their institution honorably.
7. **Role-Modeling** - Remember, participation in sports is a privilege, not a right and that I am expected to represent my school, coach, and teammates with honor, on and off the field. Consistently exhibit good character and conduct yourself as a positive role model.
8. **Self-Control** - exercise self-control; don't fight or show excessive displays of anger or frustration; have the strength to overcome the temptation to retaliate.
9. **Healthy Lifestyle** -safeguard your health; don't use any illegal or unhealthy substances including alcohol, tobacco and drugs, or engage in any unhealthy techniques to gain, lose or maintain weight.
10. **Integrity of the Game** - protect the integrity of the game; don't gamble. Play the game according to the rules.

FAIRNESS

11. **Be Fair** - live up to high standards of fair play; be open-minded; always be willing to listen and learn.

CARING

- 12. *Concern for Others* - demonstrate concern for others; never intentionally injure any player or engage in reckless behavior that might cause injury to myself or others.
- 13. *Teammates* - help promote the well-being of teammates by positive counseling and encouragement or by reporting any unhealthy or dangerous conduct to coaches.

CITIZENSHIP

- 14. *Play by the Rules* - maintain a thorough knowledge of and abide by all applicable game and competition rules.
- 15. *Spirit of rules* - honor the spirit and the letter of rules; avoid temptations to gain competitive advantage through improper gamesmanship techniques that violate the highest traditions of sportsmanship.

I have read and understand the requirements of this Code of Conduct. I understand that I'm expected to perform according to this Code. I understand that there may be sanctions or penalties if I do not, ranging from loss of playing time to ejection from the team, in addition to any consequences for violating school and district behavior standards.

(A separate form for signing is attached at the back of this packet and is a condition of participation in any CIF sport.)

Student-Athlete Signature

Date

* * * * *

ELIGIBILITY REQUIREMENTS

Participation in school athletics has been determined consistently in courts of law as a *privilege*, not a right. That privilege is subject to regulation by the State CIF Constitution, the Sac-Joaquin Section Constitution, Delta Valley Conference and Intra-valley League Rules and Constitution, Davis Joint Unified School District Policies and Procedures, and the rules and regulations of the local school including those of the Athletic Director and the coaching staff.

Good citizenship throughout all school activities is a prerequisite to being on an athletic team. Athletes must demonstrate high standards for both conduct and citizenship (especially when in team uniform) so they will not embarrass themselves, their team, school, family or community. Athletes who violate those standards should expect disciplinary action.

- 1. Amateur standing is required. Students must always have been an amateur in their sport, having never accepted merchandise, prizes, money, or other material benefits as a consequence of being an athlete-except those awards given through or by a high school, or an award the value of which does not exceed Twenty-Five Dollars (\$25). For league championships, the awards will be a maximum of Fifty Dollars (\$50) in value.

2. Involvement with the non-school team is prohibited while participating on a school team. If a student is caught doing so, the student will lose Davis High eligibility for the rest of the season in that sport *and* the school team will forfeit any contests won with that student's participation in that season. (*The only exception is soccer due to the inconsistency of the Northern California soccer season with the rest of the State.*) By definition a "season" begins with the final selection of team members and ends after the final contest which may include playoffs. Exceptions to this rule will only be allowed if coaches of the two teams involved agree that circumstances warrant an exception.
3. Any student in grades 9-12 arriving from another district is not eligible to compete in Davis High School Athletics without approval from CIF. Such students should meet with the Athletic Director upon registration.
4. Any athlete who becomes ineligible at any time during the season is *immediately* excluded from any further participation of any kind with the team. This includes, but is not limited to, senior nights/recognition, banquets, team parties, school recognitions, etc.
5. Each student *must* be enrolled for the required number and type of courses that enable the student to fulfill graduation requirements.
6. The student *must* earn a 2.0 grade point average ("C" average) or above during the immediately preceding marking period (1st quarter, 1st semester, 3rd quarter, 2nd semester) (See Waivers.)
7. Each student *must* be enrolled in at least 20 credits.
8. Each student *must* have passed at least 20 credits in the last marking period immediately preceding athletic participation. This requirement *cannot* be waived.
9. Regular and consistent attendance in all classes is expected of all students.
10. Irregular attendance in any class by a student-athlete grades 9-12 *may* result in suspension or removal from participating in the sport.

WAIVERS

The waiver of eligibility is a **one-time** waiver of the grade point average requirement and can only be applied to a **single quarter** grading period. Therefore, waivers are strongly discouraged for freshman and sophomore although there are circumstances in which they may be appropriate. The Athletic Director will advise and facilitate this process.

In addition, if a waiver is granted, the student's eligibility will be reviewed weekly and progress will be evaluated. The student must have weekly progress reports signed by all his/her teachers and the head coach of your sport by the end each week. (The progress reports are in the front office carousel.) The progress reports are to be turned in to the Athletic Secretary each Monday morning of the season.

1. Failure to submit the completed progress report as indicated above will result in the following consequences:
 - a. First failure to turn in weekly progress-waiver worksheet will result in a one game

- suspension.
 - b. Second infraction will result in suspension for the remainder of the season.
2. If at anytime during which the weekly grades and reports are not favorable, the consequences are as follows:
- a. First infraction-dismissal from a practice and team rules and consequences at coach's discretion.
 - b. Second infraction-one game suspension.
 - c. Third infraction-season suspension

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PARTICIPANT INFORMATION

Parent Meeting:

All coaches will conduct a parent/player meeting to establish the foundation for positive communication and the management of the team. Coaches are expected to have open and frequent communication with parents and students participants. Specifically,

- Provide a complete description of your program in hard copy to the parents
- Provide schedules for practices and matches
- Behavioral expectations including rewards, consequences and the causes for dismissal from the team (includes communication with parent with warning)
- Explain procedure for voicing concerns and/or complaints
- Collect a signed CIF pledge from each team member as a condition of participation

Team Selection and Playing Time:

A competitive school athletic program often *differs from* many lower level scholastic or community recreational programs. The focus for most of these programs is to teach the sport and provide equal playing time for each player.

While team selection try-outs are often very competitive and where numbers of those selected for each interscholastic team are often limited, some high school teams (e.g. Cross-country, Swimming) are able to offer membership to all who come out for the team. It should be noted that team selection and playing-time decisions are the sole rights of the coaches. While students or parents might disagree with such coaching decisions, hopefully the goal of each coach is to communicate upon what a student might continue to work or focus to improve future team-selection or playing-time opportunities.

Dismissal from Team:

It is the coaches' prerogative to dismiss students from the team if/when they fail to participate, disrupt the practice or contest experience of others, break team rules, compromise safety or violate school rules. Coaches should communicate with parents when problems occur and need to give a verbal warning about dismissal if such action is foreseeable.

Student Athletes Playing Multiple Sports:

From time to time "seasons" of two school sports may overlap. (See Eligibility Requirements #2.) In these cases it is best for the athlete to discuss any potential time conflicts with the coach, and the

coaches are then expected to come to an agreement that maximizes the student's participation in the sports. While coaches may have uniform policies for all athletes concerning missing practice or contests related to playing time, they may not deny or impede a student from playing one sport in order to maintain their good standing and full participation in the other.

Team Behavior Management:

The coach is familiar with the DJUSD Standards for Student Behavior and the CIF Code of Conduct for student athletes. The coach must refer all possible violations of behavioral standards to administration and the Athletic Director in a timely manner. If any use of substances or alcohol is suspected, the coach must report immediately to the administration, the Athletic Director and the parents. Such behaviors are particularly dangerous when combined with physical activities

The use of alcohol, drugs, and all tobacco products violates the training rules of any sport at any time besides breaking laws and school rules. In addition, the California Interscholastic Federation (CIF) and the Delta Valley Conference prohibits the use of anabolic steroids. Any athlete who tests positive for steroid use will face a one year suspension from ALL sports.

Warning: Steroid use is extremely dangerous to the long term health and welfare of the student. Serious bodily function injury as well as death are common results of use in teenagers. If school personnel become suspicious of steroid use they will work with parents to resolve this issue.

Refer to the DJUSD website at www.djUSD.net in the Back to School Packet for a complete explanation of the District's behavior standards and policies.

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COMMUNICATING CONCERNS/COMPLAINTS

It is the expectation of the District that coaches will communicate the goals of the program to parents and participants so that all parties can support the success of the team. If an issue arises, the parent or participants should contact the coach directly. Almost always, sharing information about the goals of the program, the policies of the District, the rules of CIF, and the student's needs or concerns will resolve any issues that arise in the course of the season. If the issue/conflict is not resolved, the student or parent may take the following steps in this order:

- Step 1. Contact the coach. Conference with involved parties.
- Step 2. Contact the Athletic Director to address the situation.
(Dennis Foster: 757-5400 x 111 dfoster@djUSD.net)
- Step 3. Contact the Principal of the student's school or with the principal of DHS depending on who has the authority to resolve the issue. The Athletic Director will assist.
- Step 4. Contact the Director of Student Services who will hear the complaint. (Pamela Mari: 757-5300 x 116 pmari@djUSD.net)

INJURY (RISK) STATEMENT

It is important for coaches to understand that athletic participation may present the risk of injury to the participant and they should take reasonable precautions to minimize that risk. Coaches should be familiar with all parent approval forms required for student participation.

By its very nature, competitive athletics may put students in situations in which serious, catastrophic and perhaps fatal accidents may occur. By granting permission for a student to participate in athletic competition, the parent or guardian acknowledges that such risk exists. By choosing to participate the student also acknowledges that such risk exists.

INSURANCE INFORMATION

The California Education Code requires that every student who participates in a school-sponsored athletic event as a member of an athletic team shall have insurance protection for medical and hospital expenses resulting from accidental bodily injuries. If a parent would like to purchase “school year” accident/health insurance, forms are available in opening school district packet or from the student’s school site. This insurance is low cost and temporary. If a parent cannot provide insurance, s/he should contact the Athletic Director

TRANSPORTATION

It is the responsibility of each coach to determine the means of transportation to and from athletic events. Coaches may choose buses, school vans, private cars, or a combination of the three. Concerns of the parents and team members, time of year or day, weather conditions and length of travel are some of the factors which should be considered when making this decision. Each coach must inform the Athletic Director, in writing, about the transportation modes which the coach will use.

If a vehicle appears to be unsafe (tires, lights, brakes, etc.), it must **not** be used to transport students.

In the event of an accident, after taking appropriate care of the passengers and notifying local authorities, notify the coach. Also, if mechanical or other problems cause a significant delay in returning to the school, a school administrator should be contacted.

Only the athlete’s parent/guardian may authorize the child to not return with the team after an “away” contest of other event. Form 5 must be signed by the legal parent/guardian and submitted **in advance** to the coach. In addition, the parent/guardian must sign the athlete out at the time they take the athlete from the care of the coach. Coaches must have a sign-out sheet at every contest.

FORMS TO BE COMPLETED BY ALL PARTICIPANTS

1. Sport’s Participation Form Blue Card (Coach Copy)
2. Physician’s Certification Form/Sports Participation Form (Athletic Director Copy)
3. Voluntary Athletic Activity Participation
4. Pre-Participation Physical Evaluation (two pages)
5. Signed CIF Code of Conduct for Interscholastic Student-Athletes
6. Signed CIF Code of Conduct for Parents/Guardians

PRINCIPLES OF PURSUING VICTORY WITH HONOR

CIF: 16 PRINCIPLES

1. The essential elements of character building and ethics in CIF sports are embodied in the concept of sportsmanship and six core principles: trustworthiness, respect, responsibility, fairness, caring and good citizenship. The highest potential of sports is achieved when competition reflects these "six pillars of character."
2. It's the duty of school boards, superintendents, school administrators, parents and school sports leadership, including coaches, athletic administrators, program directors and game officials, to promote sportsmanship and foster good character by teaching, enforcing, advocating and modeling these "six pillars of character."
3. To promote sportsmanship and foster the development of good character, school sports programs must be conducted in a manner that enhances the academic, emotional, social, physical and ethical development of student-athletes and teaches them positive life skills that will help them become personally successful and socially responsible.
4. Participation in school sports programs is a privilege, not a right. To earn that privilege, student-athletes must abide by the rules and they must conduct themselves, on and off the field, as positive role models who exemplify good character.
5. School boards, superintendents, school administrators, parents and school sports leadership shall establish standards for participation by adopting and enforcing codes of conduct for coaches, athletes, parents and spectators.
6. AU participants in high school sports must consistently demonstrate and demand scrupulous integrity and observe and enforce the spirit as well as the letter of the rules.
7. The importance of character, ethics and sportsmanship should be emphasized in all communications directed to student-athletes and their parents.
8. School boards, superintendents, school administrators, parents and school sports leadership must ensure that the first priority of their student-athletes is a serious commitment to getting an education and developing the academic skills and character to succeed.
9. School boards, superintendents, principals, school administrators and everyone involved at any level of governance in the (IF must maintain ultimate responsibility for the quality and integrity of CIF programs. Such individuals must assure that education and character development responsibilities are not compromised to achieve sports performance goals and that the academic, social, emotional, physical and ethical well-being of student-athletes is always placed above desires and pressures to win.
10. All employees of member schools must be directly involved and committed to the academic success of student-athletes and the character-building goals of the school.

11. Everyone involved in competition including parents, spectators, associated study body leaders, and all auxiliary groups have a duty to honor the traditions of the sport and to treat other participants with respect. Coaches have a special responsibility to model respectful behavior and the duty to demand that their student-athletes refrain from disrespectful conduct including verbal abuse of opponents and officials, profane or belligerent trash-talking, taunting and inappropriate celebrations.
12. School boards, superintendents, and school administrators of CIF member schools must ensure that coaches, whether paid or voluntary, are competent to coach. Training or experience may determine minimal competence. These competencies include basic knowledge of: 1) The character building aspects of sports, including techniques and methods of teaching and reinforcing the core values comprising sportsmanship and good character. 2) The physical capabilities and limitations of the age group coached as well as the first aid. 3) Coaching principles and the rules and strategies of the sport.
13. Because of the powerful potential of sports as a vehicle for positive personal growth, a broad spectrum of school sports experiences should be made available to all of our diverse communities.
14. To safeguard the health of athletes and the integrity of the sport, school sports program must actively prohibit the use of alcohol, tobacco, drugs and performance enhancing substances, as well as a demand compliance with all laws and regulations, including those related to gambling and the use of drugs.
15. Schools that offer athletic programs must safeguard the integrity of their programs. Commercial relationships should be continually monitored to ensure against inappropriate exploitation of the school's name or reputation. There should be no undue influence of commercial interests. In addition, sports programs must be prudent, avoiding undue dependency on particular companies or sponsors.
16. The profession of coaching is a profession of teaching. In addition to teaching the mental and physical dimensions of their sport, coaches, through words and example, must also strive to build the character of their athletes by teaching them to be trustworthy, respectful, responsible, fair, caring, and good citizens.

CALIFORNIA INTERSCHOLASTIC FEDERATION (CIF) CODE OF CONDUCT FOR INTERSCHOLASTIC COACHES

Preface

We, in the California Interscholastic Federation, believe that high school athletic competition should be fun but that it must also be a significant part of a sound educational program. We believe that those who coach student-athletes are, first and foremost, teachers who have a duty to assure that their sports programs **promote important life skills and the development of good character**. We believe that the essential elements of character-building are embodied in the concept of sportsmanship and six core ethical values: trustworthiness, respect, responsibility, fairness, caring, and good citizenship (the "Six Pillars of Character_{sm}"). We believe, further, that the highest potential of sports is achieved when teacher-coaches consciously Teach, Enforce, Advocate and Model (T.E.A.M.) these values and are committed to the ideal of pursuing victory with honor. Finally, we believe that sincere and good-faith efforts to honor the words and spirit of this Code will improve the quality of our programs and the well being of our student-athletes. This Code of Conduct applies to all full-time and part-time coaches involved in interscholastic sports.

I [the coach] understand that in my position as a coach, I must act in accord with the following code:

TRUSTWORTHINESS.

1. ***Trustworthiness*** - be worthy of trust in all I do and teach student-athletes the importance of integrity, honesty, reliability and loyalty.
 - ***Integrity*** - model high ideals of ethics and sportsmanship and always pursue victory with honor; teach, advocate and model the importance of honor and good character by doing the right thing even when it's unpopular or personally costly.
 - ***Honesty*** - don't lie, cheat, steal or engage in or permit dishonest or unsportsmanlike conduct
 - ***Reliability*** - fulfill commitments; I will do what I say I will do; be on time.
 - ***Loyalty*** - be loyal to my school and team; put the team above personal glory.
2. ***Primacy of Educational Goals*** - be faithful to the educational and character-development missions of the school and assure that these objectives are not compromised to achieve sports performance goals; always place the academic, emotional, physical and moral well being of athletes above desires and pressures to win.
3. ***Counseling*** - be candid with student-athletes and their parents about the likelihood of getting an athletic scholarship or playing on a professional level. Counsel them about the requirement of many colleges preventing recruitment of student-athletes that do not have a serious commitment to their education, the ability to succeed academically or the character to represent their institution honorably.
4. ***College Recruiters*** - be honest and candid with college recruiters about the character and academic abilities and interest of student-athletes.

RESPECT.

5. **Respect** - treat all people with respect all the time and require the same of student-athletes.
6. **Class** - be a good sport, teach and model class, be gracious in victory and accept defeat with dignity; encourage student-athletes to give fallen opponents a hand, compliment extraordinary performance, and show sincere respect in pre-and post-game rituals.
7. **Taunting** - don't engage in or allow trash-talking, taunting, boastful celebrations, or other actions that demean individuals or the sport.
8. **Respect Officials** - treat contest officials with respect; don't complain about or argue with official calls or decisions during or after an athletic event.
9. **Respect Parents** - treat the parents of student-athletes with respect; be clear about your expectations, goals, and policies and maintain open lines of communication.
10. **Profanity** - don't engage in or permit profanity or obscene gestures during practices, sporting events, on team buses, or any other situation where the behavior could reflect badly on the school or the sports program.
11. **Positive Coaching** - use positive coaching methods to make the experience enjoyable, increase self-esteem and foster a love and appreciation for the sport. Refrain from physical or psychological intimidation, verbal abuse, and conduct that is demeaning to student-athletes or others.
12. **Effort and Teamwork** - encourage student-athletes to pursue victory with honor, to think and play as a team, to do their best and continually improve through personal effort and discipline. Discourage selfishness and put less emphasis on the final outcome of the contest, than upon effort, improvement, teamwork, and winning with character.
13. **Professional Relationships** - maintain appropriate, professional relationships with student-athletes and respect proper teacher-student boundaries. Sexual or romantic contact with students is strictly forbidden as is verbal or physical conduct of a sexual nature directed to or in view of student-athletes.

RESPONSIBILITY.

14. **Use Skills** - always strive to enhance the physical, mental, social and moral development of student-athletes and teach them positive life skills that will help them become well-rounded, successful, and socially responsible.
15. **Advocate Education** - advocate the importance of education beyond basic athletic eligibility standards and work with faculty and parents to help student-athletes set and achieve the highest academic goals possible for them.
16. **Advocate Honor** - prominently discuss the importance of character, ethics and sportsmanship in materials about the athletic program and vigorously advocate the concept of pursuing victory with honor in all communications.

17. **Good Character** - foster the development of good character by teaching, enforcing, advocating and modeling (T.E.A.M.) high standards of ethics and sportsmanship and the six pillars of character.
18. **Role-Modeling** - be a worthy role-model, always be mindful of the high visibility and great influence you have as a teacher-coach and consistently conduct myself in private and coaching situations in a manner that exemplifies all I want my student-athletes to be.
19. **Personal Conduct** - refrain from profanity, disrespectful conduct, and the use of alcohol or tobacco in front of student-athletes or other situations where my conduct could undermine my positive impact as a role model.
20. **Competence** - strive to improve coaching competence and acquire increasing proficiency in coaching principles and current strategies, character-building techniques, and first-aid and safety.
21. **Knowledge of Rules** - maintain a thorough knowledge of current game and competition rules and assure that my student-athletes know and understand the rules.
22. **Positive Environment** - strive to provide a challenging, safe, enjoyable, and successful experiences for the student-athletes by maintaining a sports environment that is physically and emotionally safe.
23. **Safety and Health** - be informed about basic first aid principles and the physical capacities and limitations of the age-group coached.
24. **Unhealthy Substances** - educate student-athletes about the dangers and prohibit the use of unhealthy and illegal substances including alcohol, tobacco and recreational or performance-enhancing drugs.
25. **Eating Disorders** - counsel student-athletes about the dangers of and be vigilant for signs of eating disorders or unhealthy techniques to gain, lose or maintain weight.
26. **Physician's Advice** - seek and follow the advice of a physician when determining whether an injured student-athlete is ready to play.
27. **Privilege to Compete** - assure that student-athletes understand that participation in interscholastic sports programs is a privilege, not a right, and that they are expected to represent their school, team, and teammates with honor, on and off the field. Require student-athletes to consistently exhibit good character and conduct themselves as positive role models.
28. **Self-Control** - control my ego and emotions; avoid displays of anger and frustration; don't retaliate.
29. **Integrity of the Game** - protect the integrity of the game; don't gamble. Play the game according to the rules.

30. ***Enforcing Rule*** - enforce this Code of Conduct consistently in all sports-related activities and venues even when the consequences are high.
31. ***Protect Athletes*** - put the well being of student-athletes above other considerations and take appropriate steps to protect them from inappropriate conduct.
32. ***Access*** - help make your sport accessible to all diverse communities.
33. ***Improper Commercialism*** - be sensitive to and avoid unwholesome commercialism including inappropriate exploitation of my name or the name of the school and undue financial dependence on corporate entities. Make sure any affiliation or association with a corporate entity is approved by school and district officials.

Pursuing Victory With Honor

Code of Conduct for Parents/Guardians

Athletic competition of interscholastic age children should be fun and should also be a significant part of a sound educational program. Everyone involved in sports programs has a duty to assure that their programs impart important life skills and promote the development of good character. Essential elements of character building are embodied in the concept of sportsmanship and six core ethical values: trustworthiness, respect, responsibility, fairness, caring, and good citizenship (the “Six Pillars of Character”SM). The highest potential of sports is achieved when all involved consciously Teach, Enforce, Advocate and Model (T.E.A.M.) these values and are committed to the ideal of pursuing victory with honor. Parents/guardians of student-athletes can and should play an important role and their good-faith efforts to honor the words and spirit of this Code can dramatically improve the quality of a child’s sports experience.

TRUSTWORTHINESS

- *Trustworthiness* — Be worthy of trust in all you do.
- *Integrity* — Live up to high ideals of ethics and sportsmanship and encourage players to pursue victory with honor. Do what’s right even when it’s unpopular or personally costly.
- *Honesty* — Live honorably. Don’t lie, cheat, steal or engage in any other dishonest conduct.
- *Reliability* — Fulfill commitments. Do what you say you will do.
- *Loyalty* — Be loyal to the school and team; Put the interests of the team above your child’s personal glory.

RESPECT

- *Respect* — Treat all people with respect at all times and require the same of your student-athletes.
- *Class* — Teach your child to live and play with class and be a good sport. He/she should be gracious in victory and accept defeat with dignity, compliment extraordinary performance, and show sincere respect in pre- and post-game rituals.
- *Disrespectful Conduct* — Don’t engage in disrespectful conduct of any sort including profanity, obscene gestures, offensive remarks of a sexual nature, trash-talking, taunting, boastful celebrations, or other actions that demean individuals or the sport.
- *Respect for Officials* — Treat game officials with respect. Don’t complain or argue about calls or decisions during or after an athletic event.

RESPONSIBILITY

- *Importance of Education* — Support the concept of “being a student first.” Commit your child to earning a diploma and getting the best possible education. Be honest with your child about the likelihood of getting an athletic scholarship or playing on a professional level. Reinforce the notion that many universities will not recruit student-athletes who do not have a serious commitment to their education. Be the lead contact for college and university coaches in the recruiting process.
- *Role Modeling* — Remember, participation in sports is a privilege, not a right. Parents/guardians too should represent the school, coach and teammates with honor, on and off the court/field. Consistently exhibit good character and conduct yourself as a positive role model.
- *Self-Control* — Exercise self-control. Don’t fight or show excessive displays of anger or frustration.
- *Healthy Lifestyle* — Promote to your child the avoidance of all illegal or unhealthy substances including alcohol, tobacco, drugs and some over-the-counter nutritional supplements, as well as of unhealthy techniques to gain, lose or maintain weight.
- *Integrity of the Game* — Protect the integrity of the game. Don’t gamble or associate with gamblers.
- *Sexual Conduct* — Sexual or romantic contact of any sort between students and adults involved with interscholastic athletics is improper and strictly forbidden. Report misconduct to the proper authorities.

FAIRNESS

□ *Fairness and Openness* — Live up to high standards of fair play. Be open-minded, always willing to listen and learn.

CARING

□ *Caring Environment* — Consistently demonstrate concern for student-athletes as individuals and encourage them to look out for one another and think and act as a team.

CITIZENSHIP

□ *Spirit of the Rules* — Honor the spirit and the letter of rules. Teach your children to avoid temptations to gain competitive advantage through improper gamesmanship techniques that violate the highest traditions of sportsmanship.

DAVIS SENIOR HIGH SCHOOL ATHLETIC HANDBOOK
STUDENT-ATHLETE/PARENT-GUARDIAN
ACKNOWLEDGEMENT FORM

We, _____ and _____ have read and understand
 Printed Name (student-athlete) Printed Name (parent/guardian)
the requirements of the California Interscholastic Federation (CIF) Code of
Conduct for student-athletes and parents/guardians. We understand that we're
expected to perform according to this Code. We understand that there may be
sanctions or penalties if we do not, ranging from loss of playing time to ejection
from the team, for the student-athlete, or ejection from a contest or attendance
restrictions for the parent/guardian in addition to any consequences for violating
school and DJUSD behavior standards.

Parent/Guardian Signature **DATE**

Student-Athlete Signature **DATE**